



# NOVEMBER

<b>5</b> Green salad Carrots Tomatoes  Pasta with tomato sauce Ground beef with carrots  Banana	<b>6</b> Green salad Carrots Tomatoes  Chicken pancake  Homemade sweets	<b>7</b> Green salad Carrots Tomatoes  Roast beef Mashed potatoes  Apple	<b>8</b> Green salad Carrots Tomatoes  Roast chicken Toasted flour with eggs  Melon	<b>9</b> Green salad Carrots Tomatoes  Beef stew Corn  Homemade sweets
<b>12</b> Green salad Carrots Tomatoes  Lasagna bolognese Stewed carrots  Orange	<b>13</b> Green salad Carrots Tomatoes  Chicken casserole Vegetables purée  Jello	<b>14</b> Green salad Carrots Tomatoes  Meat stroganoff Shoestring potatoes  Banana	<b>15</b> <b>Holiday</b>	<b>16</b> Green salad Carrots Tomatoes  Cheese omelette Vegetables panache  Pineapple
<b>19</b> Green salad Carrots Tomatoes  Pasta with tomato sauce Ground beef with carrots  Banana	<b>20</b> <b>Holiday</b>	<b>21</b> Green salad Carrots Tomatoes  Roast beef Mashed potatoes  Apple	<b>22</b> Green salad Carrots Tomatoes  Roast chicken Toasted flour with eggs  Melon	<b>23</b> Green salad Carrots Tomatoes  Beef stew Corn  Homemade sweets
<b>26</b> Green salad Carrots Tomatoes  Lasagna bolognese Stewed carrots  Orange	<b>27</b> Green salad Carrots Tomatoes  Chicken casserole Vegetables purée  Jello	<b>28</b> Green salad Carrots Tomatoes  Meat stroganoff Shoestring potatoes  Banana	<b>29</b> Green salad Carrots Tomatoes  Chinese rice Crispy breaded chicken  Homemade sweets	<b>30</b> Green salad Carrots Tomatoes  Cheese omelette Vegetables panache  Pineapple